

LewisGale's Joggin' For Your Noggin 5k

Male Overall

Place	Bib #	Name	Time	Type	City
1	6935	ACE HOLST	00:17:02.68	Runner	Roanoke

Female Overall

Place	Bib #	Name	Time	Type	City
1	6896	ANDREA OWENS	00:22:26.42	Runner	Roanoke

Male 19 and Under

Place	Bib #	Name	Time	Type	City
1	6928	GRAHAM WHITAKER	00:20:17.91	Runner	Boones Mill
2	6992	JACKSON MCGEE	00:24:18.43	Runner	Vinton
3	6957	WALTER GROVE	00:30:25.89	Runner	Roanoke

Female 19 and Under

Place	Bib #	Name	Time	Type	City
1	6930	KINLEY MCGEE	00:24:00.73	Runner	Vinton
2	6903	KENDALL WEST	00:27:15.98	Runner	Roanoke
3	6999	SHANIA BECKNER	00:42:59.42	Runner	
4	6998	OLIVIA LOVERN	00:43:01.29	Runner	

Male 20 - 24

Place	Bib #	Name	Time	Type	City
1	6963	CLAYTON STANFORD	00:18:26.31	Runner	Ferrum
2	6922	ISAAC WOLF	00:20:26.16	Runner	Roanoke
3	6905	JEREMIAH JULIANO	00:28:27.01	Runner	Roanoke
4	6917	JAROD OSBORNE	00:31:56.34	Runner	Roanoke
5	6969	TATE RIHA	00:38:22.05	Runner	Roanoke
6	6870	ISAAC AGUERO	00:55:48.78	Runner	Roanoke

Female 20 - 24

Place	Bib #	Name	Time	Type	City
1	6877	BRYN HADEN	00:28:32.19	Runner	Roanoke
2	6901	ERIN FLAMM	00:28:32.74	Runner	Norfolk
3	6972	VANESSA PEARSON	00:30:54.93	Runner	Hardy
4	6997	LEXI ANTHONY	00:41:32.29	Runner	Roanoke
5	6887	CAYMAN HOLLEY	00:54:31.37	Runner	Lynchburg
6	6960	OLIVIA MCCLELLAN	00:54:34.88	Runner	Forest

Male 25 - 29

Place	Bib #	Name	Time	Type	City
1	6918	JON ZALMAN	00:18:32.59	Runner	Roanoke
2	6995	TYLER SHICK	00:20:10.00	Runner	Pittsburgh
3	6976	JASON FORD	00:21:17.34	Runner	Roanoke
4	6981	KYLE CLIFFORD	00:26:09.78	Runner	Roanoke
5	6894	JACOB MCCLAIN	00:27:24.18	Runner	Salem
6	6937	MATTHEW WILSON	00:30:20.73	Runner	Salem
7	6898	BRYCE VOEGELE	00:31:50.85	Runner	Roanoke

Female 25 - 29

Place	Bib #	Name	Time	Type	City
1	6927	MARIAH MALACHI	00:24:52.81	Runner	Salem
2	6893	ALLIE NEWTON	00:27:24.69	Runner	Salem
3	6961	FRANKIE MOHLER	00:29:30.95	Runner	Buena Vista
4	6912	CATHERINE DEVLIN	00:31:37.32	Runner	Salem
5	6936	EMILY WILSON	00:32:21.76	Runner	Salem
6	6897	AYLEEN VOEGELE	00:36:06.42	Runner	Roanoke
7	6967	ARA TOLAR	00:36:08.07	Runner	Roanoke
8	6923	ALLISON HURLEY	00:37:22.29	Runner	Roanoke

Male 30 - 34

Place	Bib #	Name	Time	Type	City
1	6982	K.J. FORD	00:18:18.12	Runner	Elliston
2	6983	TYREE ELLISON	00:22:19.27	Runner	Roanoke
3	6954	VICTOR BULLOCK	00:23:20.84	Runner	Roanoke
4	6985	DAVID GARCIA	00:24:09.57	Runner	Vinton
5	6939	AUGEY WOOD	00:24:29.32	Runner	Roanoke
6	6959	MICHAEL CONCHA	00:25:40.07	Runner	Roanoke
7	6966	DEREK KELLY	00:29:03.94	Runner	Roanoke
8	6964	MARK CULBRETH	00:34:37.91	Runner	Roanoke
9	6980	CHANCELLOR ALEXANDER	00:35:26.56	Runner	Roanoke
10	6958	ASHLEY BUCKHANNON	00:38:32.56	Runner	Roanoke
11	6895	JOSEPH SHEETS	00:39:18.68	Runner	Boones Mill

Female 30 - 34

Place	Bib #	Name	Time	Type	City
1	6965	KELLY WHITTAKER	00:28:59.96	Runner	Roanoke
2	6892	ALISHA MORRISON	00:29:03.09	Runner	Woolwine
3	6938	OLIVIA WOOD	00:29:03.13	Runner	Roanoke
4	6910	STEPHANY WHITE	00:29:46.49	Runner	Roanoke
5	6993	TARA TALERICO	00:30:19.40	Runner	Shawsville
6	6875	TONYA WRIGHT	00:30:28.17	Runner	Troutville
7	6987	EMILY SCOTT	00:32:35.53	Runner	Roanoke
8	6979	BRANDY DENT	00:35:26.01	Runner	Roanoke
9	6984	THANIA TORRES	00:35:41.27	Runner	Vinton
10	6962	JOANNA FERRIS	00:36:35.73	Runner	Roanoke
11	6872	JENNIFER SHEETS	00:43:22.45	Runner	Boones Mill

Male 35 - 39

Place	Bib #	Name	Time	Type	City
1	6941	ANDREW PARKINS	00:18:23.23	Runner	Salem
2	6933	TYLER FISHER	00:32:28.24	Runner	Roanoke
3	6996	ADAM CASAVANT	00:38:34.00	Runner	Roanoke

Female 35 - 39

Place	Bib #	Name	Time	Type	City
1	6902	AMANDA HAMILTON	00:24:54.98	Runner	ROANOKE
2	6886	LORI CREGER	00:27:23.71	Runner	Salem
3	6874	PAULA STERNBERG	00:28:04.39	Runner	Washington
4	6951	LAUREN HARTMAN	00:28:25.50	Runner	Roanoke
5	6973	SARA LLOYD	00:37:28.20	Runner	Roanoke
6	6883	SUZY WHITE	00:37:52.24	Runner	Roanoke
7	6911	KELLY MILLINGTON	00:38:28.21	Runner	Roanoke
8	6908	NATALIE GUYNN	00:41:36.90	Runner	roanoke
9	6915	ASHLEY NIDAY	00:43:55.75	Runner	Roanoke
10	6971	JENNIFER TAYLOR	00:54:59.23	Runner	Bristol

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Male 40 - 44

Place	Bib #	Name	Time	Type	City
1	6878	JAIME BARCENAS	00:26:06.67	Runner	Vinton
2	6931	CHRISTOPHER SHORTS	00:31:01.12	Runner	Boones Mill
3	6869	SHON AGUERO	00:34:47.64	Runner	Roanoke

Female 40 - 44

Place	Bib #	Name	Time	Type	City
1	6873	SHELLEY OLDS	00:22:53.04	Runner	Roanoke
2	6994	CYNTHIA AKERS	00:29:36.35	Runner	Shawsville
3	6916	AMANDA HORNADY	00:31:01.38	Runner	Vinton
4	6879	SUNNI PURVIANCE	00:33:12.51	Runner	Roanoke
5	6881	SARAH BAKER	00:35:42.13	Runner	Roanoke
6	6978	SARA MILLER	00:42:06.66	Runner	Roanoke
7	6914	ANDREA BURNEY	00:43:19.10	Runner	Roanoke

Male 45 - 49

Place	Bib #	Name	Time	Type	City
1	6934	SCOT HARRISON	00:21:17.46	Runner	Roanoke
2	6891	BRIAN SHELOR	00:25:05.61	Runner	Salem
3	6956	JASON GROVE	00:30:27.88	Runner	Roanoke

Female 45 - 49

Place	Bib #	Name	Time	Type	City
1	6889	STEPHANIE SHARPLEY	00:27:35.79	Runner	Roanoke
2	6955	MARGARET GROVE	00:30:25.83	Runner	Roanoke
3	6932	TAMPRA SCALES	00:33:24.88	Runner	Spencer
4	6943	SHANNON HONAKER	00:35:10.42	Runner	Salem
5	6900	BRIDGET MELVIN	00:36:34.24	Runner	Roanoke
6	6946	LISA MEDDINGS	00:37:21.02	Runner	Salem

Male 50 - 54

Place	Bib #	Name	Time	Type	City
1	6899	GLEN DALTON	00:24:39.60	Runner	Roanoke
2	6929	PHILIP SETTLE	00:24:47.72	Runner	Blue Ridge
3	6986	TIM MILES	00:28:16.39	Runner	Roanoke
4	6884	CHRIS ARNOLD	00:33:50.51	Runner	Roanoke

Female 50 - 54

Place	Bib #	Name	Time	Type	City
1	6909	NICOLE RAMSEY	00:23:55.22	Runner	Salem
2	6921	MARCIE DENT	00:30:09.17	Runner	Salem
3	6989	JULIE MCMICHAEL	00:30:52.59	Runner	Riner
4	6952	TRACY CONCHA	00:31:27.15	Runner	Roanoke
5	6920	ANGIE DENNIS	00:32:33.30	Runner	Bent Mountain
6	6885	ANGIE WEEKS	00:33:06.79	Runner	Roanoke
7	6904	HEATHER MCENTEE	00:33:39.45	Runner	Virginia Beach
8	6975	KATHY STORBERG	00:33:40.32	Runner	Roanoke
9	6888	JULIA WORLEY	00:39:47.20	Runner	Roanoke
10	6940	MACHELLE MORGAN	00:40:52.50	Runner	Roanoke

Male 55 - 59

Place	Bib #	Name	Time	Type	City
1	6925	STEVE WILHELM	00:38:38.53	Runner	Roanoke
2	6944	TIMOTHY SHELTON	00:41:08.25	Runner	Roanoke
3	6913	STEVE MINNIX	00:49:08.41	Runner	Roanoke

Female 55 - 59

Place	Bib #	Name	Time	Type	City
1	6880	LAURA ROAKES	00:25:39.32	Runner	Roanoke
2	6947	JILL CROFTON	00:49:36.33	Runner	Roanoke
3	6945	HELEN WOODWARD	00:56:11.06	Runner	Roanoke

Male 60 - 64

Place	Bib #	Name	Time	Type	City
1	6953	MARC KINGSLEY	00:24:24.20	Runner	Cooperstown
2	6919	TIM YOUNG	00:27:42.13	Runner	Ferrum

Female 60 - 64

Place	Bib #	Name	Time	Type	City
1	6907	ROBERTA CRISSY	00:29:21.47	Runner	Moneta
2	6926	BETTY HOLLAND	00:33:35.86	Runner	Troutville
3	6924	RITA WILHELM	00:41:42.82	Runner	Roanoke

Male 65 - 69

Place	Bib #	Name	Time	Type	City
1	6968	CHRIS RIHA	00:43:53.75	Runner	Roanoke

Female 65 - 69

Place	Bib #	Name	Time	Type	City
1	6990	VICKI CROMER	00:33:09.70	Runner	Boones Mill
2	6950	PENNY PRICE	00:39:48.37	Runner	Salem