

Salem Distance 5k Run/Walk

Male Overall

Place	Bib #	Name	Time	Type	City
1	23	ANDREW PARKINS	00:16:47.42	Runner	Salem
2	50	KYLE ROACH	00:17:10.25	Runner	Ferrum
3	24	JACOB ANDERSON	00:17:27.74	Runner	Roanoke

Female Overall

Place	Bib #	Name	Time	Type	City
1	17	PRISCILLA KELLER	00:19:52.14	Runner	Roanoke
2	37	MARIAH REED	00:20:22.34	Runner	Christiansburg
3	49	CAITLYN ROACH	00:20:58.26	Runner	Ferrum

Female 9 and Under

Place	Bib #	Name	Time	Type	City
1	52	HALEY JONAS	00:37:05.81	Runner	Clifton Forge

Male 10 - 14

Place	Bib #	Name	Time	Type	City
1	40	AUSTIN PROSSER	00:20:08.00	Runner	Salem

Male 15 - 19

Place	Bib #	Name	Time	Type	City
1	41	JOSH MILLS	00:19:06.91	Runner	HardyHardy

Female 15 - 19

Place	Bib #	Name	Time	Type	City
1	60	CAITLIN MCGUIRE	00:30:43.13	Runner	Christiansburg

Male 20 - 24

Place	Bib #	Name	Time	Type	City
1	22	STEFAN LUSK	00:30:31.78	Runner	Roanoke

Male 25 - 29

Place	Bib #	Name	Time	Type	City
1	55	TYREE ELLISON	00:21:38.08	Runner	Roanoke
2	19	ALEX BURKE	00:30:36.28	Runner	Roanoke

Female 25 - 29

Place	Bib #	Name	Time	Type	City
1	54	JOCELYN BROWNING	00:29:09.43	Runner	Philadelphia
2	16	MARISSA KAMINSKI	00:31:15.34	Runner	Roanoke
3	57	SAMANTHA KOONS	00:39:51.39	Runner	Roanoke

Male 30 - 34

Place	Bib #	Name	Time	Type	City
1	10	TYLER MAUPIN	00:35:28.74	Runner	Roanoke

Female 30 - 34

Place	Bib #	Name	Time	Type	City
1	11	ASHLEY MAUPIN	00:37:11.89	Runner	ROANOKE

Male 35 - 39

Place	Bib #	Name	Time	Type	City
1	36	CHRIS NOVAKOSKI	00:19:42.87	Runner	Chesapeake
2	63	MARK SMITH	00:33:43.36	Runner	Salem

Female 35 - 39

Place	Bib #	Name	Time	Type	City
1	35	JAMIE SHRADER	00:29:39.03	Runner	Roanoke
2	21	RACHEL DEFIBAUGH	00:30:31.38	Runner	Roanoke
3	33	KORI BANYAS	00:32:25.15	Runner	Blue ridge
4	20	MAI HASEGAWA	00:36:45.20	Runner	Christiansburg

Male 40 - 44

Place	Bib #	Name	Time	Type	City
1	46	ANDREW MORRIS	00:38:05.03	Runner	Roanoke
2	18	FRANCIS O'BUCKLEY	00:40:42.76	Runner	Roanoke
3	45	DAVID CHERESNOWSKY	00:42:57.01	Runner	Roanoke

Female 40 - 44

Place	Bib #	Name	Time	Type	City
1	6	SHANNON HONAKER	00:33:23.59	Runner	Salem
2	61	ERIN LAFOON	00:38:13.59	Runner	Roanoke

Male 45 - 49

Place	Bib #	Name	Time	Type	City
1	9	ADAM PHILLIPS	00:21:48.08	Runner	Salem
2	30	HARRY HUDSON	00:21:51.23	Runner	Dublin
3	14	SPENCER LEWIS	00:24:39.08	Runner	Vinton
4	3	BRIAN SHELOR	00:24:44.48	Runner	Salem

Female 45 - 49

Place	Bib #	Name	Time	Type	City
1	7	CRYSTAL BOWDEN	00:25:45.75	Runner	Salem
2	51	LISA JONAS	00:37:05.04	Runner	Clifton Forge
3	44	SHANNON VIA	00:42:56.72	Runner	Roanoke
4	27	JENNIFER COBURN	00:50:02.59	Runner	Roanoke

Male 50 - 54

Place	Bib #	Name	Time	Type	City
1	5	GLEN DALTON	00:26:52.90	Runner	Roanoke
2	58	JOSEPH RANSON	00:29:23.33	Runner	Salem
3	38	MATTHEW GREGORY	00:33:34.58	Runner	Salem
4	15	TIM MILES	00:37:51.57	Runner	Roanoke

Female 50 - 54

Place	Bib #	Name	Time	Type	City
1	47	MIA NGUYEN	00:31:05.19	Runner	Roanoke
2	42	DEBBIE BURDETTE	00:36:56.30	Runner	Radford
3	29	VANESSA HIXON	00:40:04.45	Runner	Roanoke
4	32	ANITA KUMAR	00:57:13.46	Runner	Roanoke

Male 55 - 59

Place	Bib #	Name	Time	Type	City
1	67	DANIEL KING	00:20:46.62	Runner	
2	69	MICHAEL BENDER	00:57:12.72	Runner	

Female 55 - 59

Place	Bib #	Name	Time	Type	City
1	59	RACHEL KELLER	00:26:35.89	Runner	Roanoke
2	53	JENNIFER BROWNING	00:29:09.47	Runner	Columbus

Salem Distance 5k Run/Walk

Male 60 - 64

Place	Bib #	Name	Time	Type	City
1	13	STEVE SURRATT	00:24:23.28	Runner	Roanoke
2	31	JEFF KANE	00:29:30.99	Runner	Cold Spring
3	25	PAUL BEERS	00:34:16.10	Runner	Roanoke
4	8	SAMUEL LAFAYE	00:35:37.10	Runner	Roanoke
5	56	BARRY THORNTON	00:39:45.23	Runner	Henry
6	43	MICHAEL NUSSBAUM	00:49:55.66	Runner	Roanoke

Female 60 - 64

Place	Bib #	Name	Time	Type	City
1	26	KATHY KENNEDY	00:49:59.99	Runner	Roanoke

Male 65 - 69

Place	Bib #	Name	Time	Type	City
1	64	FELIX LOPEZ	00:25:20.86	Runner	Lynchburg
2	39	BILL JONES	00:46:55.49	Runner	Roanoke

Male 70 and Over

Place	Bib #	Name	Time	Type	City
1	48	HAROLD INGRAM	00:31:06.21	Runner	Henry
2	28	VERNON HUDSON	00:43:58.18	Runner	Vinton
3	65	DANNY KEATLEY	00:44:00.14	Runner	
4	2	RICHARD BROWDER	00:44:36.52	Runner	Port Haywood

Female 70 and Over

Place	Bib #	Name	Time	Type	City
1	68	MAXINE DREWRY	01:05:46.97	Runner	