

Superhero 5K

Male Overall

Place	Bib#	Name	Time	Type	City
1.	200	Tony Arzivino	00:17:24.45	Runner	
2.	114	Joe Cotter	00:17:52.29	Runner	Roanoke
3.	98	Jay O'Keeffe	00:20:06.24	Runner	Roanoke

Female Overall

Place	Bib#	Name	Time	Type	City
1.	184	Alexis DiSilvestro	00:24:20.43	Runner	
2.	600	Skylar Fox	00:25:17.51	Runner	Roanoke
3.	191	Allison Bubar	00:25:45.26	Runner	

Male 13 and Under

Place	Bib#	Name	Time	Type	City
1.	185	Avery Wilson-Leedy	00:21:54.63	Runner	
2.	118	Parker Garland	00:23:15.01	Runner	
3.	113	Jack Hanowski	00:24:34.87	Runner	
4.	142	Jackson Bubar	00:25:16.68	Runner	
5.	560	Daniel Quintanilha	00:28:09.35	Runner	Roanoke
6.	575	Jacob Meyer	00:29:56.75	Runner	Roanoke
7.	582	Eddie Robinson	00:32:33.34	Runner	Salem
8.	116	Colin Cooper	00:32:48.53	Runner	Roanoke
9.	140	Reburn Conner	00:34:22.86	Runner	
10.	141	Reburn Connor	00:34:22.98	Runner	
11.	574	Ben Meyer	00:34:47.06	Runner	Roanoke
12.	564	Xan Whitt	00:35:58.03	Runner	Vinton
13.	171	Cliff Lively	00:38:12.03	Runner	
14.	163	Xander Crawford	00:44:56.82	Runner	Roanoke
15.	174	J.J. Matthews	00:47:48.48	Runner	
16.	186	Cody Ridgeway	00:49:57.22	Runner	

Female 13 and Under

Place	Bib#	Name	Time	Type	City
1.	95	Caroline O'Keeffe	00:25:59.15	Runner	Roanoke
2.	164	Sophie Crawford	00:26:50.91	Runner	Roanoke
3.	581	Mary Robinson	00:28:32.77	Runner	Salem
4.	99	Kaitlyn Knee	00:30:54.33	Runner	Salem
5.	147	Brynne Wiegard	00:32:35.75	Runner	
6.	145	Penelope Webb	00:34:15.00	Runner	
7.	143	Tess Webb	00:34:15.34	Runner	
8.	148	Elliot Wiegard	00:34:38.92	Runner	
9.	173	Ginny Matthews	00:37:36.26	Runner	
10.	584	Juliana MEIDLINGER	00:39:02.88	Runner	Roanoke
11.	176	Ellis Kroeger	00:39:11.26	Runner	

12.	100	Ainsley Knee	00:40:59.83	Runner	Salem
13.	97	Cricket O'Keeffe	00:46:08.60	Runner	Roanoke
14.	198	Elizabeth Hicks	00:52:37.74	Runner	

Male 14 - 19

Place	Bib#	Name	Time	Type	City
1.	559	Wilkin Hatfield	00:21:08.88	Runner	Roanoke
2.	587	Henry Baldwin	00:21:12.96	Runner	Roanoke
3.	596	Alec Mini	00:21:27.73	Runner	Salem

Male 20 - 29

Place	Bib#	Name	Time	Type	City
1.	183	Reed Norvell	00:23:31.51	Runner	
2.	166	Jonathan Akers	00:29:26.61	Runner	BelSpring
3.	589	Mitch Howel	00:48:51.64	Runner	Salem

Female 20 - 29

Place	Bib#	Name	Time	Type	City
1.	593	Leah Morgan	00:27:16.81	Runner	Roanoke
2.	165	Pearl Akers	00:27:26.38	Runner	BelSpring
3.	146	AMANDA Gunsaulis	00:27:32.89	Runner	Roanoke
4.	567	Alex Noble	00:38:25.89	Runner	Christiansburg
5.	568	Kristen Felice	00:38:26.08	Runner	Christiansburg

Male 30 - 39

Place	Bib#	Name	Time	Type	City
1.	195	Tad Schoedel	00:20:18.73	Runner	
2.	594	Adam Shores	00:24:14.40	Runner	Salem
3.	158	Michael Beierle	00:27:38.96	Runner	Roanoke
4.	573	Josh Meyer	00:29:57.64	Runner	Roanoke
5.	188	James Casey	00:32:18.50	Runner	
6.	150	Spencer Wiegard	00:32:35.94	Runner	
7.	182	Jimmy Russell	00:33:25.03	Runner	

Female 30 - 39

Place	Bib#	Name	Time	Type	City
1.	181	Athena Spencer	00:25:58.29	Runner	
2.	971	Kate Parker	00:27:01.32	Runner	
3.	160	Anne Newman	00:30:03.02	Runner	Roanoke
4.	167	Lisa Shaffner	00:30:08.67	Runner	Roanoke
5.	92	Joanne Frye	00:30:32.25	Runner	Richmond
6.	91	Karri Atwood	00:30:32.38	Runner	Roanoke
7.	157	Regan Clark	00:31:29.81	Runner	Roanoke
8.	189	Emily Casey	00:32:18.44	Runner	
9.	599	Jaime Portis	00:34:29.34	Runner	Roanoke

Superhero 5K

10.	598	Sara Conner	00:34:35.76	Runner	Roanoke	2.	139	George Anderson	00:23:50.84	Runner	
11.	577	Amanda Wagoner	00:34:36.36	Runner	Collinsville	3.	561	Emilio Quintanilha	00:28:10.11	Runner	Roanoke
12.	149	Courtney Wiegard	00:34:40.61	Runner		4.	569	Daniel O'Donnell	00:29:34.72	Runner	Roanoke
13.	571	Shannon Minnick	00:35:11.65	Runner	Roanokee	5.	572	Kevin Meredith	00:32:08.28	Runner	Radford
14.	576	Susan Meyer	00:35:35.61	Runner	Roanoke	6.	585	Chris Gold	00:34:49.92	Runner	Daleville
15.	49	Morgan Hill	00:37:02.94	Runner	Roanoke	7.	172	Joe Cobb	00:47:48.35	Runner	
16.	194	Katie Kastner	00:37:48.86	Runner		8.	197	Jerry Hicks	00:52:35.84	Runner	
17.	170	Liz Lively	00:38:11.89	Runner							
18.	159	Megan Greer	00:40:12.05	Runner	Roanoke						
19.	175	Kristin Kroeger	00:40:25.18	Runner							
20.	193	Courtney Watts	00:41:58.75	Runner							
21.	94	Carrie O'Keeffe	00:46:08.93	Runner	Roanoke						
22.	190	Lauren Everman	00:46:09.94	Runner							
23.	557	Christina Gardner	00:56:21.76	Runner	Roanoke						
24.	179	Ashley Shearer	00:59:09.08	Runner							

Male 40 - 49

Place	Bib#	Name	Time	Type	City
1.	168	Sheldon Cash	00:23:03.01	Runner	Bedford
2.	162	Scott Crawford	00:24:18.18	Runner	Roanoke
3.	187	Jonathan Secrist	00:25:51.52	Runner	
4.	169	Isak Howell	00:26:05.99	Runner	
5.	586	Chris Patterson	00:30:10.06	Runner	Troutville
6.	579	Will Robinson	00:32:33.42	Runner	Salem
7.	144	Robert Webb	00:34:15.00	Runner	
8.	565	Kirk Whitt	00:38:53.82	Runner	Vinton
9.	583	C.J. MEIDLINGER	00:39:03.19	Runner	Roanoke
10.	117	Jason Burton	00:42:26.60	Runner	Roanoke
11.	588	Ed Smith	00:48:53.16	Runner	Salem

Female 40 - 49

Place	Bib#	Name	Time	Type	City
1.	161	Sonja Crawford	00:28:11.24	Runner	Roanoke
2.	105	Shauna Latarewicz	00:29:53.81	Runner	
3.	580	Kate Robinson	00:31:00.55	Runner	Salem
4.	115	Nicole Cooper	00:40:03.45	Runner	Roanoke
5.	566	Susie Meador	00:40:04.30	Runner	Roanoke
6.	592	Laural Wade	00:48:51.77	Runner	Salem
7.	591	Teresa Carbaugh	00:48:52.53	Runner	Shawsville
8.	590	Cristy Justice	00:48:54.00	Runner	Salem

Male 50 - 59

Place	Bib#	Name	Time	Type	City
1.	93	David Bobosky	00:21:04.24	Runner	Christiansburg

Female 50 - 59

Place	Bib#	Name	Time	Type	City
1.	178	Connie Farrell	00:33:19.56	Runner	
2.	89	Patricia King	00:52:09.27	Runner	

Male 60 - 69

Place	Bib#	Name	Time	Type	City
1.	196	Ron Rogers	00:22:09.12	Runner	
2.	563	Richard Padgett	00:28:43.75	Runner	Salem
3.	570	John Hitchins	00:29:43.81	Runner	Roanoke
4.	192	Rick Lovegrove	00:50:23.36	Runner	

Female 60 - 69

Place	Bib#	Name	Time	Type	City
1.	562	Debra Padgett	00:40:13.82	Runner	Salem